

**Physical Education** - The Prep One students will participate actively in creative movement and will develop persistence using both large and small muscle groups. The students will demonstrate strategies for engaging in cooperative play and will improve spatial awareness. The students will work on balance, whole-body and hand-eye coordination and flexibility, while continuing to develop both gross and fine motor coordination.

**Health and Well-Being** - We will have discussions about healthy lifestyles, including the benefits of nutritious foods and personal hygiene. We will discuss safety inside & outside of the classroom, as well as inside & outside of the home, including harmful substances and other familiar and unfamiliar dangers.

#### **The Arts** -

**Visual Art** - The Visual Art program is a fun, multi-media experience. Every Wednesday, the Prep One students will take their imaginative ideas and create artwork, using a different medium each time. The students will experience different designs, techniques and will have the opportunity to recreate some famous masterpieces in their own unique ways. This will lead into discussions and will allow the students to examine and discuss their artwork with their classmates.

**Drama** - The students will explore their imaginations, including different voices, movements, emotions and speeds. They will discover different elements of drama, such as setting and character and will also dramatize rhymes and produce some of their own creations.

**Music** - The students will explore a variety of instruments & materials and will also investigate the different elements of music, including beat, quality, rhythm, speed and volume.

**Basic Learning Skills** - Our Prep One students will focus on a particular quality; whether size, colour, shape, orientation of movement, etc. The study of these qualities is crucial for the foundational learning of each student. Equipped with these fundamental tools, the student is then able to move into higher learning with pride, confidence and eagerness.

**Computers** - The Prep One students will develop their basic computer skills, by logging in, logging out, manipulating the mouse and the keyboard and through working directly with interactive educational programs.

#### **Show 'n' Share & Theme Activity** -

The Prep One Students will always be encouraged to share their knowledge of objects, concepts and events with their classmates and with their families. **Show 'n' Share** presentations are monumentally important for each student, since individual communication and leadership skills continue to unfold throughout the year, at their own pace. **Theme Activities** are used to reinforce lessons that are often closely linked to seasonal events and monthly celebrations and often include other stimulating projects that the students create either in groups or in individual work stations.

**Library** - Each week the students will have stories read to them. They will learn how to search for & and sign out a book of their choice and are encouraged to be responsible in returning the book at the next visit, fostering independence.



# PREP ONE PROGRAM

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**The Children  
Are Our Future;  
Let Us  
Teach Them Well.**



***Prep One is an exciting addition to Braemar House School. This program blends traditional Kindergarten with invaluable Montessori-based, hands-on materials and philosophies that instill within each student a great deal of self-confidence, independence and a love of learning. This program prepares the students for our traditional Grade 1 program, with opportunity for enrichment.***

**Language** - The Prep One students will have the opportunity to work with phonetic words, phonograms, rhyming words, singular/plurals, sight words, vowels/consonants and with initial, middle and ending sounds. The students will develop their ***printing*** skills with a wide variety of activities, including our highly-effective Handwriting Without Tears Program. These activities reinforce their understanding of the physical characteristics of each letter/word through repetition. Gradually, each child will be assigned a workbook which has subsequent readers that will be read with the teacher in class. The Prep One students will gradually be invited into the ***Home Reading Program*** - a chance for family members to be a supportive audience for our young readers and to reinforce a strong Home-School relationship. Eventually, the students will learn about the components of grammar and will explore the fundamentals of creative writing. ***Story Time*** is the key to a smooth transition and will engage the active minds of the students. When the teacher (or family members at home) read stories aloud, this reinforces vocabulary, grammar, comprehension and oral expression. As the children become more capable and comfortable, they will begin to read aloud - assisting in muscle mechanics, fluency and articulation. Our story time is a motivational strategy designed to instill within them a need to find out more.

**Mathematics** - Through concrete experiences our Prep One students will acquire a genuine comprehension of abstract mathematical concepts. The students will be engaged with pertinent vocabulary and will demonstrate their problem-solving skills through analysis, predictions and classifications.

The students will: investigate 2 and 3 dimensional geometric shapes, study basic spatial relationships, build structures, create patterns and designs, demonstrate an understanding of number relationships, investigate concepts of quantity and make use of one-to-one correspondence in counting and matching objects. The blend of traditional curriculum with some Montessori-based, hands-on materials, will offer each student a foundational and thorough mathematical experience.

#### **Science & Technology** -

**Exploration & Experimentation** - The Prep One students will develop their problem-solving and interpretation skills. The students will be able to investigate the natural world and the basic laws of nature through physical manipulation and experiences with teacher-directed tasks that facilitate discovery. The students will be encouraged to observe, question, predict and share their findings with their classmates.

**Zoology/Botany/Biology** -The students will also discover **Zoology**: an exploration of the classifications of different animals from around the world; **Botany**: a study of leaves, flowers, root systems and trees; and **Biology**: a basic study of the structure and functioning of particular organisms, with special focus on the human body.

**Technology** - Familiar objects and simple machines will be examined and safety awareness will be demonstrated.

#### **Social Studies** -

**World Cultures** - Each week we will take a trip around the globe and learn about a different part of the world. We will investigate different countries, climates and cultures; including celebrations and traditions. The Prep One students will have the opportunity to sample authentic foods, to learn traditional dances & songs and to become familiar with an assortment of different flags from several countries. The Prep One students will start to build an awareness and understanding with regard to people in different parts of the world, in hopes of appreciating their differences and marveling at their similarities.

**Geography: Canada** - We will investigate Canada's provinces and territories, as well as the symbolic and historical significance behind each of their beautiful flags. Canada, as well as boasting a diverse mosaic of cultures, also possesses an incredibly diverse physical geography, which we will explore together.

**History** - We will take a step back in time! To gain a more concrete appreciation of the world around us, we will examine the historical evolution of everyday objects and concepts in our present lives, from transportation to clothing, homes, tools, musical instruments and even games. We will examine the skill of sequencing by creating personal timelines, as well as observing and discussing other timelines throughout history.

